



2012 March Breakfast Menu



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Lunch account payment options:
 You can bring a payment in an envelope to the kitchen for credit on your account OR You can log into mynutrikids.com and create an account.
 There are no service charges for using this system. All service fees (\$1.75) are absorbed by the district.

			1 Ham and Cheese on WG English Muffin Fresh Banana Milk Choice Cal 450 Fat 11	2 WG Blueberry Muffin (Low Fat) Elf Graham Crackers Fresh Grapes Milk Choice Cal 499 Fat 12
5 Cream Cheese Bageler Hard Boiled Egg Fresh Apple Milk Choice Cal 529 Fat 12	6 Pillsbury Mini Blueberry Waffles Graham Crackers Juice – Variety Milk Choice Cal 541 Fat 12	7 WG Apple Cinnamon Muffin (Low Fat) Goldfish Graham Crax Fresh Pear Milk Choice Cal 536 Fat 12	8 Turkey and Cheese on WW Fresh Banana Milk Choice Cal 450 Fat 11	9 Apple Frudel Fresh Grapes Milk Choice Cal 499 Fat 12
NATIONAL SCHOOL BREAKFAST WEEK MARCH 5-9				
12 Pillsbury Mini Strawberry Pancakes Bug Bite Crackers Juice – Variety Milk Choice Cal 529 Fat 12	13 Kashi WG Breakfast Bar Cheddar Cheese Stick Fresh Pear Milk Choice Cal 466 Fat 14	14 Ultimate Breakfast Round Fresh Apple Milk Choice Cal 522 Fat 11	15 PB&J Uncrustable Fresh Banana Milk Choice Cal 526 Fat 19	16 Pillsbury Mini French Toast Hard Boiled Egg Fresh Grapes Milk Choice Cal 529 Fat 12
19 Smuckers WG Maple Waffle Fresh Pear Milk Choice Cal 488 Fat 12	20 Peanut Butter and Jelly Sand on WW Fresh Apple Milk Choice Cal 570 Fat 19	21 Pillsbury Mini Cinnis String Cheese Juice – Variety Milk Choice Cal 541 Fat 12	22 Ham and Cheese on WG English Muffin Fresh Banana Milk Choice Cal 450 Fat 11	23 WG Blueberry Muffin (Low Fat) Elf Graham Crackers Fresh Grapes Milk Choice Cal 499 Fat 12
26 Cream Cheese Bageler Hard Boiled Egg Fresh Apple Milk Choice Cal 529 Fat 12	27 Pillsbury Mini Blueberry Waffles Graham Crackers Juice – Variety Milk Choice Cal 541 Fat 12	28 WG Apple Cinnamon Muffin (Low Fat) Goldfish Graham Crax Fresh Pear Milk Choice Cal 536 Fat 12	29 Turkey and Cheese on WW Fresh Banana Milk Choice Cal 450 Fat 11	30 Cherry Frudel Fresh Grapes Milk Choice Cal 499 Fat 12

Special News...

Breakfast nutrition break is available at the following schools:
Classical, Highlands, McKinley

For menus go to www.aasd.k12.wi.us
 Click on menus

Aramark is an equal opportunity employer.

Reduced meals are \$.30 per day and full pay meals are \$1.00. There are 22 service days in March. Make checks payable to AASD or pay online by going to mynutrikids.com

Menus are subject to change without notice.

MORNING NUTRITION BREAK

