

2011 PAC FEST WORKSHEET

(This worksheet must be completed if athlete missed the PAC Fest meeting)

Name _____

Grade _____

Brian Butch Presentation:

List 2 key ideas from Brian Butch's presentation.

A.

B.

Mr. Zachow's Presentation:

List the forms that must be turned in to the office before an athlete can practice.

a.

b.

c.

d.

How many classes must you be passing in order to be eligible to play athletics?

What is the web address where all the Appleton East athletic schedules can be found?

Coach Schwanke's Presentation:

Consuming alcohol has negative effects on athletic performance. How long does it take the body to physically recover after consuming alcohol? _____