



ASTHMA UPDATE

You have indicated that your child has asthma. It is helpful for school personnel to have current information about your child's condition. **If your asthmatic child is having trouble breathing and does not have an inhaler at school, 911 may be called.**

Student's Name: _____ DOB: _____

Asthma is (circle one): mild moderate severe

Asthma is triggered by: exercise respiratory infections
(check all that apply) stress or anxiety cold/humid weather
 allergies: _____
 other: _____

Medications given at home to treat asthma: _____

What are your child's symptoms? Coughing Shortness of breath Tightness in chest
 Wheezing Weakness Feeling anxious or nervous Itching in the throat Other _____

Will your child have an inhaler at school? NO YES (requires AASD medication paperwork on file)

Where will he/she keep the rescue inhaler? _____

List any activity or weather restrictions: _____

Additional comments: _____

Asthma Management in the School Setting

If student has an inhaler available:

1. Allow student to use his/her inhaler
2. Encourage the student to wait 1 minute between inhalations
3. Instruct the student to rest for a few minutes or until symptoms resolve
4. If symptoms resolve, student may return to class

If the student does not have access to an inhaler:

1. Contact parent immediately
2. Allow student to rest
3. If the student has great difficulty breathing despite treatments outlined above, or the student has white/gray skin color, uncontrolled coughing, audible wheezing or posturing: CALL 911, then contact a parent and school nurse.

Parent/Guardian Signature

Date